

WELCOME TO THE 22ND ANNUAL CONFERENCE

OF THE BRAIN INJURY ASSOCIATION OF PENNSYLVANIA

A SPECIAL WELCOME

We're thrilled to have you join us for the Brain Injury Association's 22nd annual conference Creating Roadmaps for Brain Injury Rehabilitation: The Journey from Initial Treatment to Community Inclusion!

This year's theme focuses on the relevant issues impacting our brain injury community, highlighting areas of innovative and creative treatment, and promoting quality of life after brain injury. This year's conference will feature exciting presenters and showcase many quality exhibitors and partners.

Our Monday Keynote Session speakers are Dr. Jenna Jebitsch and Brian Yount, a couple who face Brian's brain injury with dignity, resourcefulness, and humor. We continue our learning with sessions on mood and emotional adjustment, suicide prevention, navigating resources like Social Security, and vestibular issues after brain injury. Our morning plenary speaker will help us understand complicated behaviors for persons with brain injury.

The BIAPA Annual Meeting will be held after our Monday lunch. The Annual Meeting will provide a summary of activities during the past year and an election of new Officers and Directors and introduce the amazing team that supports the work of BIAPA. We'll also honor and recognize individuals and organizations who demonstrate their commitment to the brain injury community with our annual Awards Presentations. Please take some time to visit the poster presentations and meet their authors.

After lunch, our discussions continue with art therapy for persons with brain injury, rationale and strategies for manage co-morbid brain injury and substance misuse and understanding the new criteria for mTBI and concussion rehabilitation standards.

Join us for Tai Chi in the late afternoon for a recharge!

Monday evening will feature dinner and the famous Silent Auction, benefiting the David L. Strauss Memorial Scholarship Fund, which provides financial support to survivors and family members attending the conference. Top off the evening with Cristabelle Braden and the Open Mic Coffee House!

Start Tuesday morning with a yoga session before breakfast!

Our Tuesday schedule includes our first ever Pediatric track in addition to sessions for adults with brain injury. The Tuesday morning plenary session will feature Dr. Christina Master discussing vestibular visual dysfunction in children after concussion. We'll have sessions on resiliency, cognitive and psychosocial issues for youths with brain injury, the benefits of music therapy, the transition from student to adult and work, interventions for disorders of



consciousness, school strategies for students with brain injury, behavioral health strategies for persons post-concussion, social skills and networking, and a survivor panel on coping with loss and acceptance after brain injury. There is a pediatric support group planned on Tuesday afternoon.

Our closing Session will feature Dr. Madeline DiPasquale and Stefanie Bauman with remarks to celebrate our journey of survivorship and care partnering.

Please take time to visit the exhibits from brain injury rehabilitation providers, advocacy organizations and Pennsylvania support agencies will be featured both days. Continuing Education units and contact hours have been approved for a wide variety of professional disciplines.

On behalf of the Board of Directors, Association Staff, and the Conference Committee, we welcome you to your BIAPA 22nd Annual Conference, Creating Roadmaps for Brain Injury Rehabilitation: The Journey from Initial Treatment to Community Inclusion! We're so glad you're here!

CONFERENCE CO-CHAIRS

Stefanie Bauman & Madeline DiPasquale

CONFERENCE COMMITTEE

Deborah Cerra-Tyl
Mark Cola
Becky Crambert
Stephanie Hayner
Sally Kneipp
Ann Marie McLaughlin

Laura Miller
Drew Nagele
Sue Pina
Sandra Powell
Christine Schneider
Meghan Walsh Farrell

HAVE QUESTIONS OR NEED HELP? Contact Christine Schneider, Conference Coordinator at 717.940.0976

CORPORATE PARTNERS

PLATINUM





GOLD





Jefferson Moss-Magee Rehabilitation

SILVER













PROFESSIONAL PARTNER

Sally Kneipp, PhD, CRC

DAY & TIME	SESSION/PROGRAM
Monday, June 24, 2024 8:00 AM-9:00 AM	BREAKFAST BUFFET EXHIBITS POSTERS FREEDOM A & B
Monday, June 24, 2024 9:15 AM-10:25 AM	OPENING KEYNOTE FREEDOM B "Don't You Remember? A Survivor, Caregiver and Professional's Blueprint for Life After Brain Injury" Jenna Jebitsch, PsyD Brian Yount, BS
Monday, June 24, 2024 10:30 AM-11:30 AM	SESSION #1 COMMONWEALTH 1-3 "Depression and Suicidality After Brain Injury: Improving Mental Health and Preventing Suicide" William Gardner, PhD Rebecca Crambert, PhD
	SESSION #2 FREEDOM B "Navigating Social Security Claims for Brain Injuries: Legal and Medical Perspectives" Maria Bermudez, Esq.
	SESSION #3 COMMONWEALTH 4 "Vision and Vestibular Rehabilitation to Address Dizziness and Vision Symptoms in Persons with Mild Traumatic Brain Injury" Janine Brodovsky, MSPT, DPT, PT Allison Hendrix, MOT, OTR/L
Monday, June 24, 2024 11:35 AM-12:35 PM	PLENARY FREEDOM B "Managing Complicated Behaviors in Long Term Brain Injury Care: Promoting and Maintaining Safety and Stability" Christopher Schaub, MSEd, BCBA Maria Baltazar-Mars, MS, BCBA, CBIS (non-presenting contributing author)
Monday, June 24, 2024 12:35 PM-2:00 PM	LUNCH BUFFET EXHIBITS POSTERS FREEDOM A & B
Monday, June 24, 2024 1:20 PM-1:55 PM	YOGA SESSION HERITAGE DE Kelsey Palmer, MS, CTRS, CBIS
Monday, June 24, 2024 2:00 PM-3:00 PM	BIAPA ANNUAL MEETING AND SPECIAL AWARDS FREEDOM B

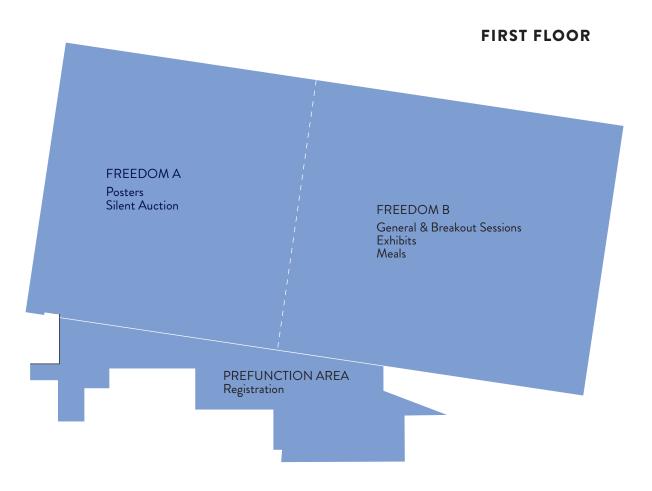
DAY & TIME	SESSION/PROGRAM
Monday, June 24, 2024 3:00 PM-4:00 PM	SESSION #4 FREEDOM B "Art Therapy and Brain Injury: Making the Invisible Visible" Denise Wolf, MA, ATR-BC, ATCS, LPC, LPAT Michele Rattigan, MA, ATR-BC, NCC, LPC, LPAT SESSION #5 COMMONWEALTH 1-3
	"Rationale and Strategies for Working With Individuals With Co-Existing Brain Injury and Substance Misuse" —PART I
	Madeline DiPasquale, PhD, CBIST Monica Vaccaro, MS, CBIS
Monday, June 24, 2024 4:05 PM-5:05 PM	SESSION #6 FREEDOM B "Dispatches From the Field of Concussion: ACRM's Revised Mild TBI Diagnostic Criteria and CARF's New Concussion Rehabilitation Program Standards" Drew Nagele, PsyD, ABPP, CBIST-AP, FACRM, CESP Terrence Carolan, MS, PT, MBA
	SESSION #7 COMMONWEALTH 1-3 "Rationale and Strategies for Working With Individuals With Co-Existing Brain Injury and Substance Misuse" —PART II Madeline DiPasquale, PhD, CBIST Monica Vaccaro, MS, CBIS
Monday, June 24, 2024 4:05 PM-4:45 PM	TAI CHI SESSION HERITAGE DE Alexander Landefeld
Monday, June 24, 2024 5:05 PM-7:00 PM	DINNER AND SILENT AUCTION FREEDOM A & B
Monday, June 24, 2024 7:00 PM-9:00 PM	COFFEE HOUSE WITH CRISTABELLE BRADEN CONESTOGA
Tuesday, June 25, 2024 7:00 AM-7:30 AM	TAI CHI SESSION HERITAGE DE Alexander Landefeld
Tuesday, June 25, 2024 7:30 AM-8:00 AM	YOGA SESSION HERITAGE DE Kelsey Palmer, MS, CTRS, CBIS
Tuesday, June 25, 2024 8:00 AM-9:00 AM	BREAKFAST BUFFET EXHIBITS POSTERS FREEDOM A & B

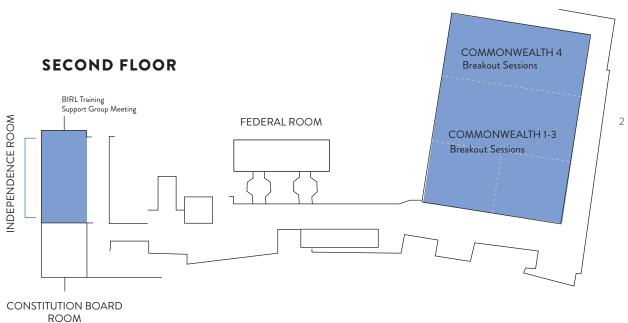
DAY & TIME	SESSION/PROGRAM
Tuesday, June 25, 2024 9:05 AM-10:10 AM	TUESDAY PLENARY FREEDOM B "Minds Matter: Seeing Concussion Through New Eyes" Christina L. Master, MD
Tuesday, June 25, 2024 10:15 AM-11:15 AM	SESSION #8 FREEDOM B "Building Resilience and Increasing Community Participation Among Brain Injury Survivors: An Evidence-based, Multimodal Program Model" Mary Brownsberger, PsyD, ABPP
	SESSION #9 COMMONWEALTH 1-3 "From Injury to Recovery: Evaluation and Treatment of Cognitive and Psychosocial Difficulties in Youth with Brain Injuries" Katherine Baum, PhD, ABPP-CN
	SESSION #10 COMMONWEALTH 4 "Preparing for and Supporting Youth with Brain Injuries During the Transition From High School to Adult Living" Doreen Milot, MEd, CBIS
Tuesday, June 25, 2024 11:15 AM-11:30 AM	EXHIBITS POSTERS CHECK OUT OF HOTEL
	SESSION #11 FREEDOM B "Coping With Loss and Acceptance After Brain Injury: Survivor Panel" Ann Marie McLaughlin, PhD
Tuesday, June 25, 2024 11:30 AM-12:30 PM	SESSION #12 COMMONWEALTH 1-3 "Beyond the Playlist: The Rehabilitation Benefits of Music Therapy After Brain Injury" Allison Broadderick, BS, MT-BC Miranda Murphy, BM, MT-BC
	SESSION #13 COMMONWEALTH 4 Using WIOA Pre-Employment Transition Services to Assist Students with Brain Injury Transition Successfully to Adult Roles Drew Nagele, PsyD, ABPP, CBIST-AP, FACRM, CESP Allison Simms, BS, CESP
Tuesday, June 25, 2024 12:30 PM-1:30 PM	LUNCH BUFFET EXHIBITS POSTERS FREEDOM A & B

DAY & TIME	SESSION/PROGRAM
	SESSION #14 FREEDOM B "Implementations and Outcomes of a Disorders of Consciousness Rehabilitation Program" Nabela Enam, MD Kevin Franzese, DO Gary Galang, MD
Tuesday, June 25, 2024 1:30 PM-2:30 PM	SESSION #15 COMMONWEALTH 1-3 "Caregiver Fatigue Following Traumatic Brain Injury!" Joshua Reinsburrow, MBA, BS, NREMT Danelle Reinsburrow, MSW, LSW
	SESSION #16 COMMONWEALTH 4 "Development of an Interdisciplinary Approach to Inpatient Pediatric Cognitive Rehabilitation, Targeting Function and Generalization" Kathryn Schmus, MS, CCC-SLP Jacqueline Conklin, MSOT, OTR/L Emily DiVirgilio, PhD Kathryn Ritchie, PhD
Tuesday, June 25, 2024 2:30 PM-2:45PM	BREAK EXHIBITS POSTERS FREEDOM A & B
	SESSION #17 FREEDOM B "Pathways to Community Engagement After Brain Injury: The Exploration of Steps Towards Successful Employment or Volunteering" Eduardo Jorge, MS, CBIS Nicole Miller, BS, CBIS
Tuesday, June 25, 2024 2:45 PM-3:45 PM	SESSION #18 COMMONWEALTH 1-3 "Building Blocks of Learning: Pediatric Brain Injury and School Strategies" Brenda Eagan-Johnson, EdD, CBIST-AP
	SESSION #19 COMMONWEALTH 4 "Music Therapy During Pediatric Neurocritical Illness: The Data and the Day-to-Day Observations" Jessica Jarvis, PhD, MT-BC Brittany Meyer, MM, MT-BC, NICU-MT, NMT

DAY & TIME	SESSION/PROGRAM
Tuesday, June 25, 2024 4:00 PM-5:00 PM	SESSION #20 FREEDOM B "Ways to Elicit Posttraumatic Growth and Enhanced Social Skills for Individuals with TBI Erica Devery, MSW, LSW, CBIST, CCTP Patti Shutt, AA, CBIS Ian Posh, BS, CBIS SESSION #21 COMMONWEALTH 1-3 "Short-Term Behavioral Health Strategies for Individuals with Mild Traumatic Brain Injury/Concussion: An Integrative Approach" Rebekka Dieterich-Hartwell, PhD, MA, BC-DMT, LPC Emily McGuigen, MS Yevgeniya Sergeyenko, MD, MPH SUPPORT GROUP COMMONWEALTH 4 Caregiver Support Group Madeline DiPasquale, PhD, CBIST
Tuesday, June 25, 2024 5:00 PM	CLOSING REMARKS FREEDOM B

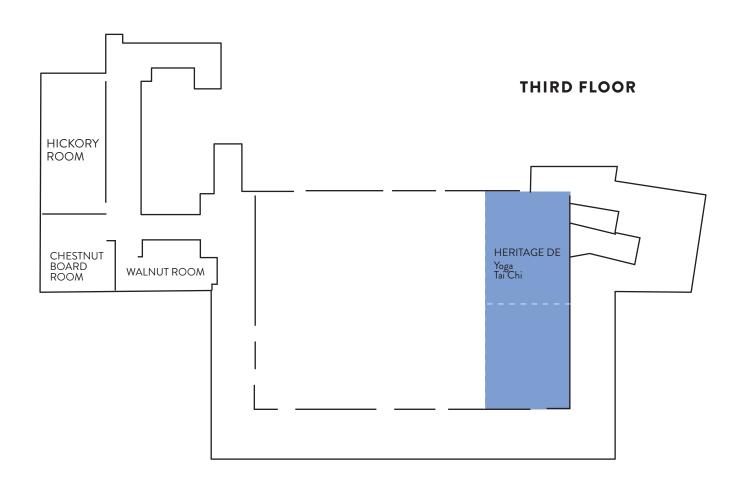
CONFERENCE MAP

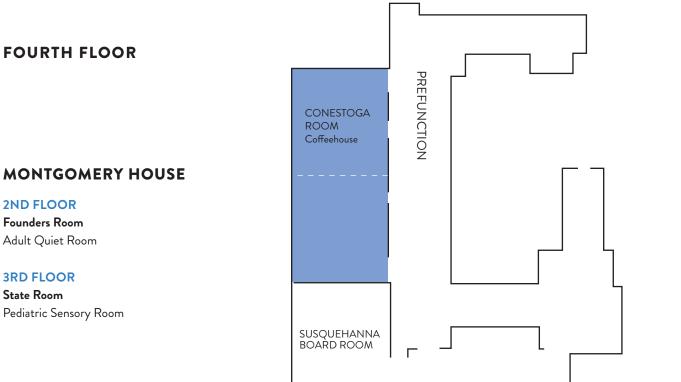




BIAPA.ORG/2024CONFERENCE

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POSTER PRESENTATIONS

We Lift With Care—Our Aim Toward HarmSafe Patient Handling Initiative 48-Bed IRU Setting

Lydia Nailor, MSOT, OTR/La Jeanette Leopard, PTA Elizabeth Trumble, MS, PT

"Going Lean"—Simplifying an Over-Complicated Process: Eating Safety Initiative in a 48-Bed IRU Setting

Krysta Smith, MS, CCC-SLP Lydia Nailor, MSOT, OTR/La Megan Anderson, DPT, PT, CSRS Pamela Aument, BSN, RN-BC

"Let's Put a Smile on That Face": A Case Study for Improving Facial Expression with the Use of Neuromuscular Electrical Stimulation Following Traumatic Brain Injury"

> Erica Ferraiolo-Shearn, MA, CCC-SLP Elsa Amaral, DPT, PT Emma Sterier, DPT, PT

Inter-facility Handoff Communication Form

Jessica Arnold, MS, OTR/L, C/NDT, CBIS Christina Donetti, DPT, PT, CBIS Michele Hebert, MS, CCC-SLP/L, CBIS

POSTER PRESENTATIONS

"ReboOT and Return to Doing Intervention Pathway for Post-Concussed Youth: A School-Based Occupational Therapy Programming Manual"

Jennifer Lynn Morgan, OTD-PP; OTR/L Alysha Skuthan, PhD, OTR/L, ASDCS

Considerations for Trauma's Influence on Cognitive Functioning Following Traumatic Brain Injury

Noah Sideman, PsyD, NCSP, CBIS

Rebuilding Connections from Brain Injury through Nature and Community

Melissa Steinheiser, CTRS Bailey Newman, CTRS Patricia Kelly

The Incidence of BPPV in Patients Diagnosed with Concussion

Beth Kolar, DPT, PT Kristen McCormick, DPT, PT, NCS

SUPPORT GROUPS

Support groups are a front line resource for individuals with brain injury, families and supporters. BIAPA is glad to help start new support groups!

STATEWIDE VIRTUAL SUPPORT GROUP

THIRD THURSDAY
OF EVERY MONTH

Join members of the Pennsylvania Brain Injury Community for a Virtual Support Group meeting on Zoom. This tight-knit community consists of survivors, caregivers, family and professionals from across the state of Pennsylvania!

THIRD THURSDAY OF EVERY MONTH

5-6 PM EST

BRAIN INJURY CAREGIVERS SUPPORT GROUP

SECOND WEDNESDAY
OF EVERY MONTH

All caregivers are welcome to join us on the 2nd Wednesday of each month for an hour completely focused on your unique challenges as a caregiver to a person with brain injury. Each meeting will focus on a different topic and some will feature special guests presenters.

SECOND WEDNESDAY OF EVERY MONTH

6-7 PM EST

HEALTH MATTERS SUPPORT GROUP

SECOND & FOURTH
WEDNESDAY
OF EVERY MONTH

Previously, the Coping with Covid Support Group, the Health Matters Support Group covers information of concern regarding a varieity of health matters that often co-occur with Covid as well as Brain Injury.

SECOND & FOURTH
WEDNESDAY OF EVERY MONTH

5-6:30 PM EST



To sign up for email alerts for one of the virtual groups listed, scan the QR code to link to complete a brief registration form.

MONDAY

*Monday, June 24, 2024: 8:00 AM - 9:00 AM | FREEDOM A & B*BREAKFAST BUFFET | EXHIBITS | POSTERS

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*Monday, June 24, 2024: 9:15 AM – 10:25 AM | FREEDOM B*WELCOME AND OPENING KEYNOTE

"Don't You Remember? A Survivor, Caregiver and Professional's Blueprint for Life After Brain Injury"

Speakers: Jenna Jebitsch, PsyD and Brian Yount, BS

Using the power of personal storytelling and a bit of humor, Brian Yount, who experienced a traumatic brain injury in 2019, and his spouse, Dr. Jenna Jebitsch, clinical psychologist, will present lessons they learned after the mechanical fall that led to Brian's injury. They will describe the emotional and psychological fall that followed as they navigated their new life together. The presentation will discuss real-life application of empirically-supported approaches to the treatment of traumatic brain injury, including compensatory strategies for cognitive deficits, mood management and related coping skills for mental health issues. Strategies for navigating family, social, and intimate relationships will also be discussed.

Monday, June 24, 2024: 10:30 AM - 11:30 AM | COMMONWEALTH 1-3 SESSION #1

"Depression and Suicidality After Brain Injury: Improving Mental Health and Preventing Suicide" Speakers: William Gardner, PhD and Rebecca Crambert, PhD

Depression is often present following any brain injury and, too often, the depression can reach the depths of suicidal thinking for action. In this session, a neuropsychologist and a brain injury survivor will explore the prevalence and common reasons for depression, post-injury, and the role of psychology in comprehensive rehabilitation services. The "loss of self" and the "why" question will be explored, as well as this survivor's experience with deep depression post-injury. The presentation will conclude with strategies for survivors to connect to needed care and build a new support system. Attendees will gain awareness of how to provide support to survivors in their journey. The session will reinforce the reality that, even though depression is often a stage toward healing post-injury, it is not the final destination.

Monday, June 24, 2024: 10:30 AM - 11:30 AM | FREEDOM B SESSION #2

"Navigating Social Security Claims for Brain Injuries: Legal and Medical Perspectives"

Speaker: Maria Bermudez, Esq.

In this presentation, Maria Bermudez, Esq., will provide an in-depth exploration of managing disability claims involving brain injuries. The presentation will focus on preparing for hearings with administrative law judges (ALJ). She will discuss legal strategies and the importance of medical evidence, with a discussion of firsthand experience regarding medical practitioners testifying at a Social Security hearing on behalf of a claimant. She will also discuss medical opinion evidence and the aspects of treatment notes considered in brain injury cases. She will provide a comprehensive view on the intersection of legal advocacy and medical expertise, offering valuable insights for healthcare practitioners supporting individuals through the disability claims process.

MONDAY

Monday, June 24, 2024: 10:30 AM - 11:30 AM | COMMONWEALTH 4 SESSION #3

"Vision and Vestibular Rehabilitation to Address Dizziness and Vision Symptoms in Persons with Mild Traumatic Brain Injury"

Speakers: Janine Brodovsky, MSPT, DPT, PT and Allison Hendrix, MOT, OTR/L

In this presentation, an occupational therapist with a vision rehabilitation certification and a physical therapist with a certificate in vestibular rehabilitation will discuss common vision and dizziness complaints post mTBI. A transdisciplinary approach will be used to describe the evaluation and treatment of vision and dizziness complaints often experienced by military veterans who have sustained a mTBI. A case example will be used to illustrate the examination, diagnosis, and treatment to address vision and vestibular complaints.

*Monday, June 24, 2024: 11:35 AM – 12:35 PM | FREEDOM B*PLENARY

"Managing Complicated Behaviors in Long-Term Brain Injury Care: Promoting and Maintaining Safety and Stability"

Speakers: Christopher Schaub, MSEd, BCBA and Maria Baltazar-Mars, MS, BCBA, CBIS (non-presenting contributing author)

Over the course of recovery from a brain injury, features such as poor frustration tolerance, awareness deficits, impulsivity, cognitive and communication deficits can influence and complicate treatment efforts. In long-term care, these sequelae contribute to complicating behaviors (such as unsafe mobility, falls, medication refusal, and poor self-care) which significantly impact an individual's safety and instability. Treatment provided in various settings must include monitoring and managing these factors to prevent or mitigate the occurrence of these behaviors.

Monday, June 24, 2024: 12:35 PM - 2:00 PM | FREEDOM A & B LUNCH BUFFET | EXHIBITS | POSTERS

Monday, June 24, 2024: 1:20 PM - 1:55 PM | HERITAGE DE

YOGA SESSION

Kelsey Palmer, MS, CTRS, CBIS

Monday, June 24, 2024: 2:00 PM - 3:00 PM | FREEDOM B

Brain Injury Association of Pennsylvania Annual Meeting & Special Awards

Join together to review BIAPA's exciting programs and opportunities and help celebrate people receiving special recognition. BIAPA leadership will review this past year's accomplishments and our collective mission to foster a community of education, advocacy, services, supports and research to maximize the quality of life for those with brain injuries and their families.

MONDAY

Monday, June 24, 2024: 3:00 PM - 4:00 PM | FREEDOM B SESSION #4

"Art Therapy and Brain Injury: Making the Invisible Visible"

Speakers: Denise Wolf, MA, ATR-BC, ATCS, LPC, LPAT and Michele Rattigan, MA, ATR-BC, NCC, LPC, LPAT

This presentation will focus on the artwork created by an art therapist and the child of an art therapist after acquiring a traumatic brain injury (TBI). Symptoms of TBI and post-concussion syndrome (PCS) can stem from damaged microstructures in the brain that are often undetectable in standard diagnostic testing. Cognitive, somatic, and behavioral changes may impact one's expressive language and ability to communicate symptoms and may be compounded by health disparities and inequity. Investigating the imagery, the presenters discovered multiple and prevalent themes, leading to the belief that these experiences can be communicated with created imagery, making the invisible neurological consequences of brain injuries become visible.

Monday, June 24, 2024: 3:00 PM - 4:00 PM | COMMONWEALTH 1-3 SPONSORED BY SESSION #5

Dr. Madeline DiPasquale and Michael Rausch, Esq.

"Rationale and Strategies for Working With Individuals With Co-Existing Brain Injury and Substance Misuse" —PART I

Speakers: Madeline DiPasquale, PhD, CBIST and Monica Vaccaro, MS, CBIS

This presentation will review the problem of co-occurring substance abuse disorder and brain injury and how to manage that dual diagnosis in a brain injury rehabilitation program. We will focus on the concept of addiction as a brain disorder and the implications for serving clients with co-existing substance use disorder and brain injury. We will summarize treatment models of recovery, how to support persons with brain injury who are engaged in substance abuse treatment, and how the work of recovery can be integrated into brain injury rehabilitation. During the course of the presentation, we will provide resources for screening, evaluation, and treatment.

Monday, June 24, 2024: 4:05 PM - 5:05 PM | FREEDOM B SESSION #6

"Dispatches From the Field of Concussion: ACRM's Revised Mild TBI Diagnostic Criteria and CARF's New Concussion Rehabilitation Program Standards"

Speakers: Drew Nagele, PsyD, ABPP, CBIST-AP, FACRM, CESP and Terrence Carolan, MS, PT, MBA

Over the last 30 years, the definition of mild traumatic brain injury (mTBI) has remained unchanged. However, over that period, our understanding of mTBI has improved dramatically, and we now know that mTBI, also known as concussion, is a complex disorder with many facets. This presentation will unveil the American Congress of Rehabilitation Medicine's Interdisciplinary Brain Injury Special Interest Group mTBI Task Force's latest definition of mTBI, which was developed through a Delphi Consensus project. The session will also feature the Commission on Accredidation of Rehabilitation Facilities' (CARF's) first interdisciplinary Concussion Rehabilitation Program standards. Based on 56 interviews and over 200 responses from a public field review, these standards focus on how programs can provide prevention, assessment, treatment, and education regarding concussions. These programs are also resources to healthcare providers and community stakeholders as they support the return of persons served to participation in life roles, including school, work, and sports.

MONDAY

Monday, June 24, 2024: 4:05 PM - 5:05 PM | FREEDOM B SESSION #7

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Dr. Madeline DiPasquale and Michael Rausch, Esq.

"Rationale and Strategies for Working With Individuals With Co-Existing Brain Injury and Substance Misuse" —PART II

Speakers: Madeline DiPasquale, PhD, CBIST and Monica Vaccaro, MS, CBIS

This presentation is a continuation of PART I, reviewing the problem of co-occurring substance abuse disorder and brain injury and how to manage that dual diagnosis in a brain injury rehabilitation program. We will focus on the concept of addiction as a brain disorder and the implications for serving clients with co-existing substance use disorder and brain injury. We will summarize treatment models of recovery, how to support persons with brain injury who are engaged in substance abuse treatment, and how the work of recovery can be integrated into brain injury rehabilitation. During the course of the presentation, we will provide resources for screening, evaluation, and treatment.

Monday, June 24, 2024: 4:05 PM - 4:45 PM | HERITAGE DE

TAI CHI SESSION

Alexander Landefeld

Monday, June 24, 2024: 5:05 PM - 7:00 PM | FREEDOM A & B DINNER AND SILENT AUCTION

Enjoy a dinner buffet and annual Silent Auction benefitting the David L. Strauss Memorial Scholarship Fund, which provides scholarships for conference attendees with brain injuries and their families or caregivers.

*Monday, June 24, 2024: 7:00 PM - 9:00 PM | CONESTOGA*COFFEE HOUSE WITH CRISTABELLE BRADEN

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Following dinner will be a performance and open mic night hosted by Cristabelle Braden, singer/songwriter, speaker, author, podcast host and TBI survivor/advocate. Cristabelle will share her musical talents with the audience while they enjoy coffee and refreshments. An open mic will enable attendees to share their poetry, music or stories with the audience.

Tuesday, June 25, 2024: 7:00 AM - 7:30 AM | HERITAGE DE

TAI CHI SESSION

Alexander Landefeld

Tuesday, June 25, 2024: 7:30 AM - 8:00 AM | HERITAGE DE

YOGA SESSION

Kelsey Palmer, MS, CTRS, CBIS

Tuesday, June 25, 2024: 8:00 AM - 9:00 AM | FREEDOM A & B BREAKFAST BUFFET | EXHIBITS | POSTERS

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Tuesday, June 25, 2024: 9:05 AM – 10:10 AM | FREEDOM B

TUESDAY PLENARY

"Minds Matter: Seeing Concussion Through New Eyes"

Speaker: Christina L. Master, MD

Concussion is a common injury in childhood. Visual-vestibular problems can occur following a concussion and may not be recognized if particular attention is not paid to the relevant history and physical examination needed to identify these problems. These problems can have a substantial negative impact on the ability of children with concussion to return to learning and sports. Early identification with a targeted history and physical allows prompt support with academic accommodations in school directed at ameliorating the effects of vision problems after a concussion. Those with persisting vision problems may require subspecialty referral for further management.

Tuesday, June 25, 2024: 10:15 AM - 11:15 AM | FREEDOM B SESSION #8

"Building Resilience and Increasing Community Participation Among Brain Injury Survivors: An Evidence-based, Multimodal Program Model"

Speaker: Mary Brownsberger, PsyD, ABPP

This presentation will review the evidence basis of yoga and other mindfulness-based modalities to address physical, cognitive, and emotional sequelae of TBI. In this session, the application of evidence to a specific program model will be discussed and can be generalized across a broad array of settings (e.g., inpatient and outpatient rehabilitation, retreats, yoga studios, and online forums that further increase accessibility). This program has yielded eight outcomes research studies demonstrating a positive impact on quality of life, resilience, emotion, and behavior regulation, cognition, positive affect, and well-being, supporting advocacy efforts to include these modalities in all phases of TBI rehabilitation.

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Tuesday, June 25, 2024: 10:15 AM - 11:15 AM | COMMONWEALTH 1-3 SESSION #9

"From Injury to Recovery: Evaluation and Treatment of Cognitive and Psychosocial Difficulties in Youth with Brain Injuries"

Speaker: Katherine Baum, PhD, ABPP-CN

Despite advancements in the evaluation and treatment of children with acquired brain injuries (ABI), pediatric patients with neurological injuries remain at high risk for neurocognitive dysfunction, which contributes to poor educational, vocational, and social outcomes. Evidence-based treatments need to be accessible and integrated into daily life, and families need guidance regarding what treatments to consider and when. Attendees will learn more about the role of neuropsychological testing in ABI and how it differs from evaluations through their school or physician. They will also learn about the evidence for various available treatment options, including cognitively focused rehabilitation, targeted family-based therapy, and medication.

Tuesday, June 25, 2024: 10:15 AM - 11:15 AM | COMMONWEALTH 4 SESSION #10

"Preparing for and Supporting Youth with Brain Injuries During the Transition From High School to Adult Living"

Speaker: Doreen Milot, MEd, CBIS

Transition planning is a multi-step process to guide youth in high school into adult living. In Pennsylvania, planning begins at age 14 (or younger, if determined by the individualized education program [IEP] team to be appropriate) and continues throughout high school. Academic instruction and community experiences help to clarify and support students' post-secondary goals. This session will identify essential steps to transition planning and will describe the ways all stakeholders can work together to ensure a successful transition.

Tuesday, June 25, 2024: 11:15 AM - 11:30 AM | FREEDOM A & B BREAK | EXHIBITS | POSTERS | CHECK OUT OF HOTEL

Tuesday, June 25, 2024: 11:30 AM – 12:30 PM | FREEDOM B SESSION #11

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BAUMAN FAMILY
IN HONOR OF ALL SURVIVOR
FAMILIES SUPPORT

"Coping With Loss and Acceptance After Brain Injury: Survivor Panel" Speaker: Ann Marie McLaughlin, PhD

Acquired brain injury is associated with significant changes to functional skills, activity patterns, and overall quality of life. Clearly, individuals who experience brain injury of any severity deal with challenges that impact adjustment and mood. Neurophysiological changes can also contribute to mood instability. This panel will highlight strategies that have been used successfully by brain injury survivors to cope with injury-related losses and to move toward acceptance of a revised sense of self. The critical importance of psychological adjustment post-brain injury will be discussed, as well as skills including flexibility and resilience, problem-based coping, medication decision-making, social integration, and depression management.

Tuesday, June 25, 2024: 11:30 AM – 12:30 PM | COMMONWEALTH 1-3 SESSION #12

"Beyond the Playlist: The Rehabilitation Benefits of Music Therapy After Brain Injury"

Speakers: Allison Broadderick, BS, MT-BC and Miranda Murphy, BM, MT-BC

When people think of music therapy, they often envision putting on headphones and listening to music to feel better. What they probably don't realize is that music is an incredibly powerful medium to improve mood states and quality of life, cognitive recovery, physical performance (including walking, upper limb function and talking, and communication outcomes, voice, speech and language). During this presentation, what music therapy is will be discussed, as well as the experience components and potential outcomes. This presentation will specifically focus on outcomes for children and adolescents but can benefit adults as well.

Tuesday, June 25, 2024: 11:30 AM - 12:30 PM | COMMONWEALTH 4 SESSION #13

"Using WIOA Pre-Employment Transition Services: Success in the Transition to Adult Roles for Students with Brain Injury"

Speakers: Drew Nagele, PsyD, ABPP, CBIST-AP, FACRM, CESP and Allison Simms, BS, CESP

The Workforce Innovation Opportunity Act (WIOA) was designed for youth between ages 14-21 who are still attending school. Pre-Employment Transition Services (Pre-ETS) are offered through Group Services like Independent Living Skills training, Self-Advocacy Skills training, and Workplace Readiness training, and Individual Pre-ETS include job shadowing and work-based learning experiences. An example of how these services can be utilized will be presented by the Children's Hospital of Philadelphia (CHOP) Career Path Program, which provides individualized internships, community engagement, and employment training. Staff provide on-the-job coaching and guidance to participants to ensure that they learn needed job skills, social skills, and life skills to be successful in their adult lives.

Tuesday, June 25, 2024: 12:30 PM – 1:30 PM | FREEDOM A \otimes B LUNCH BUFFET | EXHIBITS | POSTERS

Tuesday, June 25, 2024: 1:30 PM - 2:30 PM | FREEDOM B SESSION #14

"Implementations and Outcomes of a Disorders of Consciousness Rehabilitation Program"

Speakers: Nabela Enam, MD; Kevin Franzese, DO; and Gary Galang, MD

The merits of a disorders of consciousness (DOC) program will be discussed in this session, beginning with the identification of hospital patients meeting criteria (e.g., age, exam consistent with unresponsiveness, wakefulness or minimally conscious state, caregiver availability in the post-acute care setting). Patients are subsequently admitted for an intensive four to six-week rehabilitation course with rigorous stimulatory therapies and neuropharmacological titration to augment neuro-recovery as well as caregiver training and education. Co-management of common brain injury sequelae will be reviewed. Outcomes in DOC patients admitted since 2015 will be discussed, including overall recovery and discharge destinationl.

Tuesday, June 25, 2024: 1:30 PM - 2:30 PM | COMMONWEALTH 1-3 SESSION #15

"Caregiver Fatigue Following Traumatic Brain Injury"

Speakers: Joshua Reinsburrow, MBA, BS, NREMT and Danelle Reinsburrow, MSW, LSW

In general, caregiver fatigue is a state of physical, emotional, and mental exhaustion that happens when caring for someone else. Following a traumatic brain injury, the circumstances and severity of the individual's brain injury can present overwhelming concerns. In this session, the brain injury survivor of a severe car accident will discuss the impact on his then eight-year-old son, who also sustained significant injuries in the accident in 2016, and on his family overall. Joshua (Josh) Reinsburrow (currently a candidate for a bachelor of science degree in nursing) and his wife, Danelle Reinsburrow (who is a licensed social worker) will discuss the caregiver challenges they have faced in the last eight years, which are ongoing. They will identify the various family issues, as their son is now 16 years old, and their daughter (who was not in the car accident) is now 10. They will summarize the resources they have accessed and their current needs. Mainly because he is a survivor AND a caregiver, Josh will discuss challenges he has faced while caregiving and the ways he and his wife have addressed them. They will share how they assist each other in addressing ongoing adjustment issues.

Tuesday, June 25, 2024: 1:30 PM - 2:30 PM | COMMONWEALTH 4 SESSION #16

"Development of an Interdisciplinary Approach to Inpatient Pediatric Cognitive Rehabilitation, Targeting Function and Generalization"

Speakers: Kathryn Schmus, MS, CCC-SLP; Jacqueline Conklin, MSOT, OTR/L; Emily DiVirgilio, PhD and Kathryn Ritchie, PhD

Minimal research is available regarding cognitive rehabilitation for the pediatric population. A systematic review of the evidence by Cicerone et al. in 2019 found that cognitive rehabilitation directed toward functional contexts, applying compensatory strategies, and generalization are most effective in improving everyday cognitive performance. However, it also found that many rehabilitation programs focus on domain-specific and deficit-specific interventions that do not allow for this generalization or functional context. Following the 2022 ACRM Cognitive Rehabilitation Model and the pediatric recommendations of Locasio & Slomine in 2018, the presenters will discuss the basic framework and structure of the ongoing development of the interdisciplinary cognitive rehabilitation program at Children's Hospital of Philadelphia. The program is designed to promote the carryover of skills and strategies for improved independence upon return to school and previous roles and opportunities for improvement in this area. Case studies will illustrate intervention approaches and their relative benefits.

Tuesday, June 25, 2024: 2:30 PM - 2:45 PM | FREEDOM A & B BREAK | EXHIBITS | POSTERS

Tuesday, June 25, 2024: 2:45 PM - 3:45 PM | FREEDOM B SESSION #17

"Pathways to Community Engagement After Brain Injury: The Exploration of Steps Towards Successful Employment or Volunteering"

Speakers: Eduardo Jorge, MS, CBIS and Nicole Miller, BS, CBIS

This presentation will highlight key aspects of community engagement for individuals with brain injuries. It will address the impact of brain injury severity on return-to-work parameters and the challenges faced by individuals during re-entry into the workforce. The wide range of return-to-work rates and the complexities of predicting outcomes will be discussed. Case studies will illustrate intervention approaches and their relative benefits. The benefits of volunteering as a step in the vocational rehabilitation process or as a goal on its own merits will be discussed as well.

Tuesday, June 25, 2024: 2:45 PM - 3:45 PM | COMMONWEALTH 1-3 SESSION #18

"Building Blocks of Learning: Pediatric Brain Injury and School Strategies"

Speaker: Brenda Eagan-Johnson, EdD, CBIST-AP

A child's brain differs significantly from an adult's brain. A child's brain matures over time during various neurodevelopmental stages. To appropriately support children and teens following a brain injury, one must first understand what happens to the young brain during intricate developmental spurts (also called critical or sensitive periods). Damage to the brain during specific growth phases can negatively impact skill acquisition, resulting in future learning and behavior problems. Chronic effects from a pediatric brain injury may not emerge for years. These effects can persist through adulthood, underscoring the importance of early identification, consistent communication with school staff, ongoing monitoring, and implementation of targeted school supports and services for optimal outcomes. School staff charged with supporting children and teens after a traumatic brain injury must understand how to first determine pre- and post-brain injury changes using medical, clinical, educational, and functional indicators to assist in selecting appropriate school and community-based supports and services.

Tuesday, June 25, 2024: 2:45 PM - 3:45 PM | COMMONWEALTH 4 SESSION #19

"Music Therapy During Pediatric Neurocritical Illness: The Data and the Day-to-Day Observations"

Speakers: Jessica Jarvis, PhD, MT-BC and Brittany Meyer, MM, MT-BC, NICU-MT, NMT

This presentation will focus on the use of music therapy for children who are neurocritically ill. It will include an overview of the state of the field of music therapy, descriptions of ongoing clinical practice and research in music therapy with children who are ill, and indications/contraindications for music in the pediatric intensive care unit setting.

TUESDAY

Tuesday, June 25, 2024: 4:00 PM - 5:00 PM | FREEDOM B SESSION #20

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"Ways to Elicit Posttraumatic Growth and Enhanced Social Skills for Individuals with TBI" Speakers: Erica Devery, MSW, LSW, CBIST, CCTP; Patti Shutt, AA, CBIS and Ian Posh, BS, CBIS

The primary focus of this session will be on the predictors and processes associated with positive psychological outcomes throughout the continuum of care and brain injury rehabilitation. The five functional domains of posttraumatic growth (PTG) will be discussed: personal strength, spiritual and existential change, appreciation of life, new possibilities, and relating to others. The development, exploration, and creation of an intervention manual to elicit posttraumatic growth and enhanced social cognition in a rehabilitation setting will be shared with attendees.

Tuesday, June 25, 2024: 4:00 PM - 5:00 PM | COMMONWEALTH 1-3 SESSION #21

"Short-Term Behavioral Health Strategies for Individuals with Mild Traumatic Brain Injury/ Concussion: An Integrative Approach"

Speakers: Rebekka Dieterich-Hartwell, PhD, MA, BC-DMT, LPC; Emily McGuigen, MS and Yevgeniya Sergeyenko, MD, MPH

In this session, a short-term (three-week) interdisciplinary behavioral health approach specifically for individuals with mild traumatic brain injury (mTBI) and associated psychological symptoms will be discussed. We will cover behavioral health therapy methods such as eye movement desensitization reprocessing (EMDR) and narrative exposure therapy, and creative arts therapy methods, including art therapy and dance/movement therapy. We will describe how these approaches can be used together in clinical settings. In addition to presenting the theoretical foundation for each method and suggesting possible intersections overall, we will give clinical examples to illustrate the value of this interdisciplinary approach for veterans and first responders with mTBI and co-occurring posttraumatic stress disorder (PTSD).

Tuesday, June 25, 2024: 4:00 PM - 5:00 PM | COMMONWEALTH 4

CAREGIVER SUPPORT GROUP

Speakers: Madeline DiPasquale, PhD, CBIST

Tuesday, June 25, 2024: 5:00 PM | FREEDOM B

CLOSING REMARKS

Speakers: Madeline DiPasquale, PhD, CBIST and Stefanie Bauman

Madeline DiPasquale and Stefanie Bauman, 2024 BIAPA conference co-chairs, will review the major themes and ideas presented during the conference. Their lively and energetic review will leave survivors feeling inspired to continue their journey of rehabilitation, recovery and life and other attendees re-energized to contribute to that mission.

EXHIBITORS

Acadia NeuroRehab

A Division of Success Rehabilitation, Inc. 1813 Olde Homestead Lane, Suite 105 Lancaster, PA 17601 Anne Hohenwarter 717-394-3466 ahohewarter@acadiarehab.com www.successrehab.com/ acadianeurorehab

Angel Flight East

1501 Narcissa Road Blue Bell, PA 19422 Madeline Beck 215.358.1900 mbeck@angelflighteast.org angelflighteast.org

Beechwood NeuroRehab

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Blue Envelope Bedminster Township Police

Laurie Hepler 3112 Bedminster Road PO BOX 111 Bedminster PA 18910 215-565-6888 Bedminsterpd.org

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Disability Rights Pennsylvania

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Encompass Health Rehabilitation Hospital of Mechanicsburg

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Fighting Back Scholarship Foundation

P.O. Box 141 Malvern, PA 19355 Scott Dillman 610-986-5624 sedillman@gmail.com fightingbacksp.org

Good Shepherd Penn Partners, Official Therapy Provider for Penn Medicine

1800 Lombard Street Philadelphia, PA 19146 Kelsey Palmer 877-969-7342 communications@gsrh.org PennRehab.org

Good Shepherd Rehabilitation

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Mind Your Brain Foundation

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Pennsylvania Brain Injury Coalition

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Progressive Rehab of PA

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ReMed, A Collage Rehabilitation Partner

16 Industrial Boulevard Suite 203 Paoli, PA 19301 Georgi Dodd 484-595-9300 gdodd@remed.com collagerehab.com

Reading Hospital Rehabilitation at Wyomissing

2802 Papermill Road Wyomissing, PA 19610 Nicole Hartman 484-628-2549 Nicole.Hartman@towerhealth.org towerhealth.org/locations/reading-hospital-rehabilitation-wyomissing

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The Tri-State Advocacy Project

345 Beverly Drive Collegeville, PA 19426 Cynthia Clark tsp4u@gmail.com 877-774-6380

Universal Rehabilitation and Fitness Institute, Inc.

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Wellspan Neurology

228 Saint Charles Way York, PA 17402 Tammy Barclift 717-851-5503 tbarclift@wellspan.org wellspan.org **Amazing Outcomes Start**with Amazing People

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Our staff is led by some of the area's finest physicians and neuropsychologists who maintain special certification and training in brain injury. Our nursing and therapy staff, many of whom have earned advanced certifications in rehabilitation and neuroscience, fulfill our commitment to Advancing Health and Transforming Lives every day.



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Structured Day Services Information and Referrals Bridget Lowery, MS, CBIST

- **484-558-0776**
- 6401 Penn Ave, Suite 209 Pittsburgh, PA 15206
- CLASScommunity.org
- BLowery@CLASScommunity.org

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- 412-683-7100
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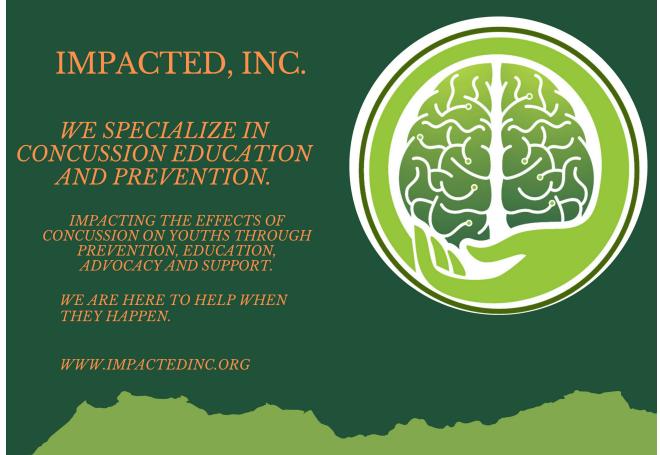
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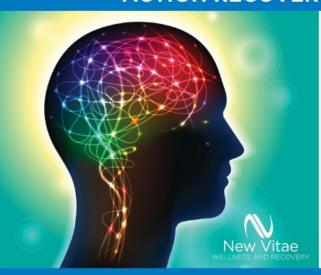


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The philosophy of Beechwood NeuroRehab is to maximize each individual's ability to participate in meaningful roles within their community. We accomplish this by providing specialized, brain injury rehabilitation for people who have sustained any kind of acquired brain injury. Beechwood NeuroRehab uses a person-centered, transdisciplinary approach, utilizing innovative treatment concepts, applied technology, and evidence-based research to help each individual to achieve a fulfilling life.





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In 2014 Jackie Lithgow suffered a severe TBI his freshman year of college. He survived a coma, countless surgeries and many obstacles. His hard work and determination led to a recovery that is nothing short of a miracle. Jackie is grateful for the support he received and now gives back to those who are still in need.

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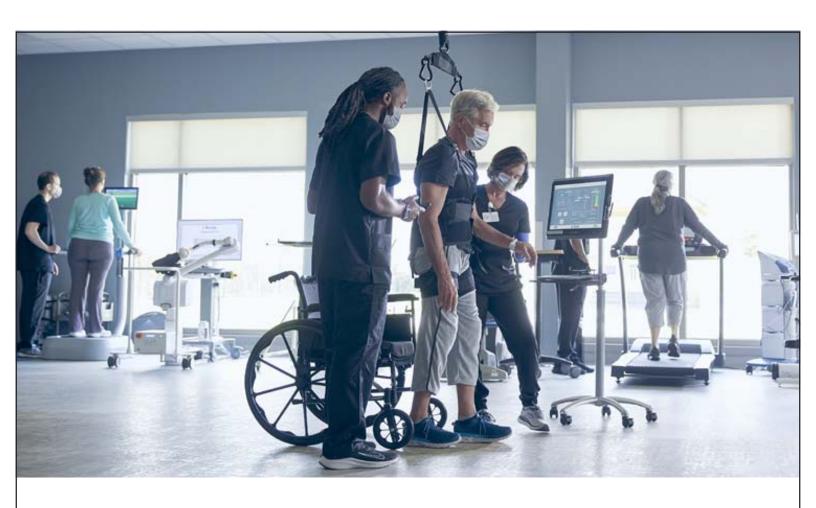


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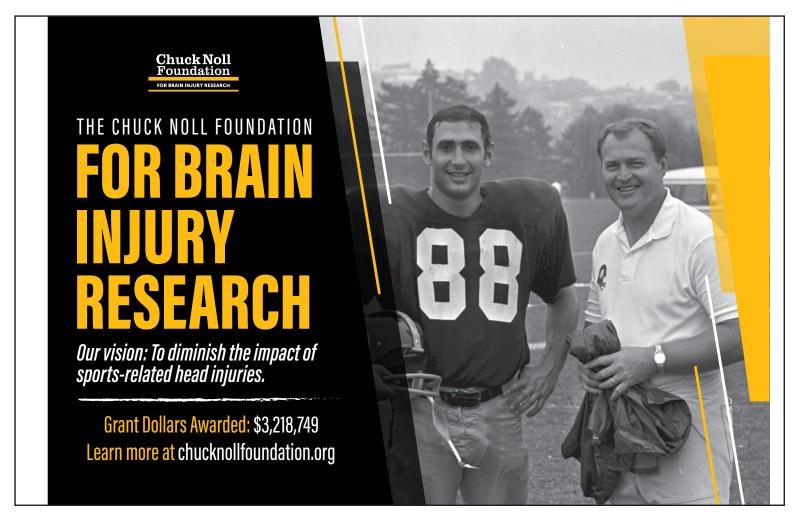
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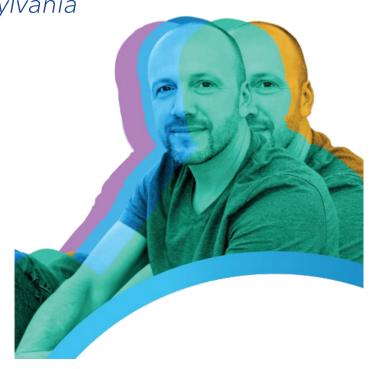
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Traumatic Brain Injury Resources



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THANK YOU TO OUR SURVIVOR SCHOLARSHIP SPONSORS

Thank you to these individuals and organizations whose generous gifts have provided scholarships for brain injury survivors and caregivers to attend the 2024 BIAPA Conference.

Ryan Anderson Jessica Arnold, Encompass Health Rehabilitation Hospital of Mechanicsburg Bank of America Employee Giving Stefanie Bauman

Marc Burick in Honor of Jamie Burick

Kathryn Campagnini Amy Casarella Varsha Desai

Dr. Madeline DiPasquale and Michael Rausch, Esq. John Gallagher

Brian Gardner in Honor of Randy Gardner
William Gardner, Brandywine Neuropsych Associates
Tessa Hart in Honor of John Sears
Jackie Lithgow Foundation

James & Linda Jebitsch in Honor of Mr. Brian Yount and Dr. Jenna Jebitsch Robin Joyce

David Long

Harriet Mann in Honor of Justin and Eric Anderson Ann Marie McLaughlin

Mary Mutschler, LLM Counseling and Psychotherapy
Elizabethtown

Madelaine Sayko, Cognitive Compass Anne Sears in Memory of John Sears Damon & Jodi Slepian Joan Steinberg

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Anna Havrilla, Chuck Noll Foundation for Brain Injury
Research
Margaret King, New Vitae Wellness and Recovery

Alexander Landefeld
Kevin McDonald, RESTART Your Life / RENEW Your
Mind
Nicole McLaughlin
Carolyn Murphy
Frank Notaro
Dr. Madeline DiPasquale and Michael Rausch, Esq.
Anne Sears
April Turner

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The Brain Injury Association of Pennsylvania is grateful for the many individuals, clubs, organizations, foundations and companies who support the Association through their advocacy and participation in activities and fundraising events throughout the Commonwealth.

HERE ARE SOME OF THE WAYS YOU CAN BE INVOLVED AND SUPPORT BIAPA:

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Partnership with Moss Rehab Tyler State Park – Richboro, PA Saturday, October 15, 2023

Run, Walk, Roll for Brain Injury

Partnership with Camp Cranium Tyler State Park – Richboro, PA Saturday, April 27, 2024

Highmark Walks for a Healthy Community

Pittsburgh & Lehigh Valley 2024 Dates TBA

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June - August, 2023

HOST YOUR OWN FUNDRAISING EVENT, SUCH AS:

Pickleball Tournament Benefit Concert Denim Day Office Raffle **Anne Sears**, BIAPA's Fundraising Chair, is eager to discuss your ideas for fundraising activities.

Find her at the conference or email sears@biapa.org.



BIAPA.ORG

BIAPA'S BRAIN INJURY RESOURCE LINE (BIRL)

Provides information about resources that may be of help to people with brain injury and their families

1-800-444-6443

MISSION

The Mission of the Brain Injury Association of Pennsylvania is to prevent brain injuries and to foster an inclusive community of education, advocacy, supports, and research to maximize the quality of life for those with brain injuries and their families.

An affiliate of the Brain Injury Association of America, BIAPA is directed by a group of committed volunteers and a staff of part-time professionals.

VISION

The Vision of the Brain Injury Association is a world in which all people with brain injuries and their supporters are leading fulfilling lives and are empowered to participate in their communities.

DIVERSITY STATEMENT

To promote an inclusive community, the Brain Injury Association of Pennsylvania commits to an atmosphere that includes and fully utilizes the talents of individuals with diverse backgrounds including those from historically underrepresented groups including; abilities, gender, age, race, color, national origin, religious preference, or other beliefs, language, disabilities, sexual orientation, marital, family or military statuses, education, social-economic status, background, and culture. The Brain Injury Association recognizes the benefits of a diverse workforce and serving the needs of a diverse community.