Endophenotypes of Traumatic Brain Injury: Biomarkers will Guide Novel Therapies

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### Endophenotype

- An internal or intermediate phenotype that is closer to the underlying pathophysiology of disease (whether genetic or environmental)
- A continuous, quantitative variable (as opposed to phenotype which is usually a categorical variable)
- Measured quantitatively through physiologic, biochemical, or imaging technique.
- Synonyms: Endotype, subphenotype

### Endophenotypes



### Endophenotypes of Coronary Artery Disease



### **Endophenotypes of TBI**



### Biomarkers in Clinical Research and Practice

 FDA Definition: Biomarkers are objectively measured indicators of a biologic process

 Assessed by biochemical, radiologic, or other quantitative technique

FDA, Qualification Process for Drug Development Tools, 2010

### **Types of Biomarkers**

- Diagnostic biomarker:
  - Measure used to identify individuals with disease or condition of interest, or to define a subset of the disease
- Prognostic biomarkers:
  - Baseline measurements which categorize patients by degree of risk for disease progression, and informs about the natural history
  - Used to select patients likely to have a problem that warrants therapy
- Predictive biomarkers:
  - Baseline characteristics that categorize patients by their likelihood of response to a particular treatment.
  - Used to measure the presence in the patient of the mechanism targeted by therapy
- Pharmacodynamic biomarkers:
  - Dynamic measurements which show that biologic response has occurred in a patient after a therapeutic intervention.
  - Used to demonstrate target engagement by therapy, and fine tune issues of dose, duration, timing of therapy

Robb et al, JAMA March 15, 2016 (315) :11

# What do we need to know for the next generation of clinical trials?

- Biomarkers to measure endophenotypes should be developed iteratively between clinical and preclinical studies
  - Observational studies humans—Natural history of endophenotype in humans with TBI. Identify subset of patients likely to merit therapy
  - Preclinical studies—Confirm mechanistic benefit of therapy and establish pharmacodynamic relevance of biomarker
  - Biomarker-driven Phase II clinical trials—To establish optimal dose, timing, and duration of therapy

### Outline

- Uses for biomarkers
  - Purposes
  - Context of use
- Biomarkers of Axonal Injury
- Biomarkers of Vascular Injury
- Biomarkers of Neuroinflammation

### **Clinical Needs: Pre-hospital**

- Scene of accident; sidelines of sports event; combat setting
  - Inform decision to transfer to ED for medical evaluation
  - Inform decision to bypass nearest ED in favor of a neurosurgical specialty facility
- Need high sensitivity / moderate specificity
- Must be detectable in blood or other biologic fluid within minutes
- Impact:
  - Improve utilization of ED services
  - Accelerate transfer to specialized neurosurgical centers when such care needed

### Clinical Needs: Emergency Department

- Identify patients in need of cranial CT
  - Excessive number of normal cranial CTs performed
- Identify subset of patients who may benefit from cranial MRI
- Inform counseling at ED discharge

   Identify patients likely to develop PCS
- Select patients for clinical trials of neuroprotective/neurorestorative therapies

### **Clinical Needs: Intensive Care Unit**

- Identify patients at risk for secondary neural injury
  - Ischemia
  - Intracranial hypertension
  - Inflammation
- Select patients for clinical trials of neuroprotective/neurorestorative therapies
- Inform decisions regarding intensity of care and benefit of rehabilitation services

### Clinical Needs: Rehabilitation Unit and Chronic Care

- Identify patients at risk for late complications of TBI
  - Post-traumatic epilepsy
  - Post-traumatic dementia / Chronic Traumatic Encephalopathy
- Identify mechanisms of post-TBI comorbidities
  - Post-traumatic headaches
  - Post-traumatic neuropsychiatric disorders

 Select patients for clinical trials of therapies designed to prevent late complications

### Candidate biomarkers for TBI



Zetterberg et al, Nat. Rev. Neurol. 2013

### Blood Brain Barrier and Neurovascular Unit



- Endothelial cells and Pericytes are components of BBB
- Neurofilaments maintain integrity of axons and dendrites

Obermeier Nat Medicine 19 1584–1596 (2013))

### MRI of Diffuse Vascular Injury after TBI



Courtesy of Larry Latour, PhD, NINDS/CNRM

### Assessment of CBF (ASL) and CVR (hypercapnia-BOLD)



Amyot et al, J Neurotrauma 2017

# von Willebrand factor and Cellular Fibronectin are candidate biomarkers of endothelial injury



#### pNF-H is a candidate biomarker of axonal injury after TBI

NF proteins are component of axonal cytoskeleton and are shed into extracelluar space after injury



Gatson J Neurosurg 121:1232–1238, 2014

#### Axonal injury is universal in severe TBI, and also common in mTBI





Courtesy of Larry Latour

#### Plasma vWF in Traumatic Vascular Injury



- Controls
- TBI vWf 1 day
- TBI vWf 6 days

Bogoslovsky et al, Under Review

#### Plasma cFn in Traumatic Vascular Injury



- Controls
- TBLcFn 1 day
- TBLcFn 6 days

Bogoslovsky et al, Under Review

### vWF and cFN are moderately correlated pNF-H is not correlated to either vascular injury biomarker



Spearman r = 0.496, p=0.0085



No correlation between pNF-H



Spearman r = 0.566, p=0.001

No correlation between pNFL-H



### Addition of vWf, cFn and pNF-H improves prediction of outcome over MRI, Age, Gender and Arrival GCS

Model for prediction of 30 day GOSE	R2 (Nagelkerke)	Significance (Hosmer and Lemeshow)	Correctly classified Poor Outcome (GOSE 1-6)	Correctly classified Good Outcome (GOSE 7-8)
Age, Gender, Arrival GCS	.102	.843	30.0	88.0
Age, Gender, Arrival GCS + MRI	.146	.709	45.0	80.0
Age, Gender, Arrival GCS + MRI + Day 0 BM	.427	.616	58.3	76.5
Age, Gender, Arrival GCS + MRI + Day 6 BM	.441	.406	62.5	92.9

Bogoslovsky et al, Under Review

### Inflammatory Biomarkers



Huie et al and TRACK-TBI Investigators, Under Review

### Inflammatory Biomarkers are Prognostic for outcome after TBI



Huie et al and TRACK-TBI Investigators, Under Review

### Inflammatory Cytokines as Prognostic Biomarkers



Figure 4. ROC for cytokines and neurodegenerative proteins separately as predictors of 6 month outcome after TBI. Logistic regression performed with all three cytokines predicted 6 month GOSE score (GOSE<8 or GOSE=8) better than logistic regression performed with all four neurodegenerative proteins for the same outcome.



Figure 5. ROC for neurodegenerative and inflammatory proteins combined as predictors of 6 month outcome after TBI. The strongest predictive model for 6 month GOSE was generated by adding all four neurodegenerative proteins and all three cytokines to the logistic regression model.

#### Haber et al, INTS 2018



NeuroTrauma2018 The 3rd Joint Symposium of the International and National Neurotrauma Societies and AANS/CNS Section on Neurotrauma and Critical Care AUGUST 11-16, 2018 TORONTO, CANADA www.neurotrauma2018.com

### TRACK-TBI Precision Medicine Initiative

#### Candidate Endophenotype-directed Biomarkers

Measuring neuroinflammation

- Free water fraction
- DCE-MRI
- IL-1-β, IL-6, IL-10, TNF-α

Measuring diffuse axonal injury

- Diffusion Tensor
   Imaging
- Regional brain volumes
- NfL, Tau, SNTF

Measuring diffuse vascular injury

- Cerebral Blood Flow (CBF)
- Cerebrovascular Reactivity (CVR)
- vWF, cFN, PDGFR- $\beta$

## TRACK-TBI Clinical Trials Network (TRACK-TBI NET)

### Candidate Phase 2 acute TBI drug candidates

Targeting neuroinflammation

- IL-1 receptor
   antagonist
- Minocycline/NAC
- Imatinib

Targeting diffuse axonal injury

- Cyclosporine A
- Omega-3 FA
- Dronabinol

Targeting diffuse vascular injury

- Simvastatin
- Glyburide
- Losartan
- CN-105 (ApoE mimetic)

### Penn TBI Clinical Research Initiative

